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Network

# California Supported Living Network 7th Annual Supported Living Leadership Conference



### Tuesday & Wednesday - May 8th & 9th, 2007 Registration Deadline - April 7th, 2007

### Kona Kai Resort, Spa and Marina

A spectacular waterfront getaway on San Diego's Shelter Island

Who Should Attend:

SLS Providers • Regional Center Representatives • ILS Agencies • Those interested in Living Options Consumers/Family Interested in SLS • Those Starting SLS Programs • SLS Parent Vendors



### **CONFERENCE OVERVIEW**



### Tuesday - May 8th, 2007

### Wednesday - May 9th, 2007

8:30-9:00 a.m.	Registration and Continental Breakfast	8:00-8:30 a.m.	Continental Breakfast
9:00-9:30 a.m.	Welcome and Opening Remarks	8:30-9:00 a.m.	Morning Remarks
9:30-12:00 p.m.	General Session by Colleen Wieck	9:15-10:45 a.m.	Concurrent Sessions:
12:15-1:15 p.m.	Lunch (included)		Services & Supports Business Supports
1:30-3:15 p.m.	Concurrent Sessions: Services & Supports Business Supports Best Practices		Best Practices
		10:45-11:00 a.m.	Break
		11:00-12:30 p.m.	Concurrent Sessions:
3:15-3:30 p.m.	Break		Services & Supports Business Supports
3:30- 5:00 p.m.	Concurrent Sessions: Services & Supports Business Supports Best Practices		Best Practices
		12:30-1:45 p.m.	Lunch (included)
		2:00-4:00 p.m.	State of the State Panel
5:00- 7:00 p.m.	Complimentary Hospitality Suite and Social Hour Join us for networking, socializing and fun!	4:00-4:30 p.m.	Conference Wrap Up

#### About CSLN The California Supported Living Network (CSLN) was formed in

Network (CSLN) was formed in 1996 by a small group of professionals from across the state who provide Supported Living Services. In October of 1997 the network held its first official gathering at the "Supported Life Conference" in Sacramento. Out of that meeting, the Network's Steering Committee decided it needed to ensure that supported living remain a viable option for people with developmental disabilities. These individuals envisioned a united group of service providers, consumers, families and members of the community at large would give supported living political power and a strong voice throughout the State of California.



The Steering Committee started a membership outreach campaign and a quarterly newsletter. Many of the original members were participants in the CSLA pilot project, as well as participants in the development of the Supported Living regulations.

The CSLN has evolved over the years, growing stronger and becoming a voice for the people with developmental disabilities and SLS providers. Over the past years, we have formally responded to issues of concern regarding Supported Living Services. We participated in the work groups with the Department of Developmental Services (DDS) in establishing a statewide rate setting methodology, as well as on the System Reform Task Force. Seeking wage parity between developmental center and community

employees, we have supported the Sanchez lawsuit. The CSLN was actively involved in the passing of SB1038 which offered a rate increase to Supported Living Providers during the pass-through process. In July of 2000, the CSLN organized a Leadership Conference in San Diego which continues as an annual event.

### **GENERAL SESSION**

## Parallels In Time A story of progress, advocacy, and constant vigilance.

During the past few months, our speaker, **Colleen Wieck**, **PhD**, has completed two major projects that will be of interest to the conference attendees. The first is capturing fifty years of historical images, video clips, and documents and placing them online at a national archive. Parallels in Time, Part 2 traces the evolution from institutionalization to the principles of supported living embedded in the Lanterman Act. The second project is a statewide public opinion poll that replicates an earlier poll completed in 1962. The speaker will share the public perceptions and attitudes toward developmental disabilities. The results show remarkable progress but point to the distance needed for full citizenship and full inclusion.



### Colleen Wieck, PhD,

**Executive Director of the Minnesota Governor's Council on Developmental Disabilities of the Department of Administration,** has held her position for the past 25 years. The Governor's Council on Developmental Disabilities is a federally funded, Governor appointed group of 25 members whose mission is to provide information, education, and training to increase the independence, self-determination, productivity, integration and inclusion of people with developmental disabilities and their families.

Prior to her work with the DD Council, Dr. Wieck was a researcher at the University of Minnesota for four years conducting national surveys of group homes and state institutions with an emphasis on comparing costs of different types of facilities. She was also a direct services provider for five years in the area of day programs for adults and early intervention for children.

She earned her BA and BS degrees in psychology, political science, social studies and special education with summa cum laude honors and her master's degree is in school psychology. Her PhD is in Educational Psychology with supporting areas in Public Affairs and Industrial Relations from the University of Minnesota.

Dr. Wieck has produced over 135 publications with the DD Council, five videotapes and a two disk CD ROM winning several national media awards. She

produced a series of 30 public policy papers about the Welsch consent decree, eight public policy papers about planning for the closure of the state hospital system in Minnesota, five public policy briefing books for public officials including A New Way of Thinking and several publications devoted to personal futures planning and self determination. The CD ROM includes 10,000 digitized pages of publications as well as a six hour training session on the History of Disabilities, the History of the Parent Movement, the History of Independent Living, and the History of Self Advocacy.

She is the primary creator of Partners in Policymaking, a leadership training program for adults with disabilities and parents of young children with developmental disabilities. Partners in Policymaking began in Minnesota in 1987 and has now been replicated nationwide and in several locations in the United Kingdom, the Netherlands, and New Zealand. Approximately 15,000 individuals have graduated from Partners in Policymaking nationally and internationally. The outcomes of Partners in Policymaking have been documented with quantitative results of increased citizenship activities as well as qualitative reports of life changes. Equipped with new skills, several graduates have changed their careers and become attorneys, social workers, and special education directors while others have successfully been elected as mayors, school board members, county commissioners, and state legislators.

On May 6, 2006, Colleen received one of 100 Distinguished Alumni Awards for the Century (1905-2005) from the College of Education and Human Development, University of Minnesota.

### **CONCURRENT SESSIONS**

### Services & Supports

#### Meaningful Lives: Beyond Where People Live Connie Saverino of Toward Maximum Independence (Tuesday Afternoon)

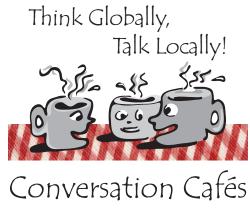
We have worked hard to assure that people have the opportunity to live in homes of their own choosing, that the supports they receive can change as their needs change, that their preferences around such critical issues as who will provide support are honored, that they have ultimate control over the threshold, but supported living is about more than just where people live and sleep. In this panel presentation we will look at people's whole lives. Are we doing everything possible to assure that people have meaningful relationships with family, friends, neighbors, co-workers? Are we forging new territory by developing job opportunities, which are a testament to people's gifts and talents? Do people have the chance to be on the "giving end" through volunteerism or contribution? Are we finding ways to help people expand their social networks, get their spiritual needs met or engage in activities, which promote health and fitness? In short, are people happy? Are their lives full and meaningful? This session looks beyond home and hearth to community, employment, leisure, participation, and contribution - the hallmarks of adult life. Hear about exciting things that are happening for people around the state. Together we can overcome the barriers we have all encountered to effective community building.

#### Disaster Preparedness: Resolve To Be Ready (Tuesday Afternoon and Wednesday Morning)

In this session, we will discuss key components necessary to develop an disaster and emergency preparedness plan for your agency and the individuals you support. Get a kit. Make a plan. Be Informed. Key elements to be covered include creating a support network to help in an emergency, contents of an emergency supply kit, special considerations for Supported Living and the individuals we serve, and much more.

#### The SLS World Café Joe Donofrio of CHOICESS (Wednesday Morning)

Let's learn how we can have meaningful conversations that will enhance the lives of individuals with disabilities. If we are to have an impact on assisting individuals to live the life of their choosing then we must take a look at how we can keep the system moving towards that path. This session will use the World Café approach to explore questions that matter and encourage us to use our natural abilities



to make the necessary system changes for people to live self directed lives. We will frame our strategic exploration to have conversations begin where everyone can learn something new together. We will be working together on developing A Community of Practice made up of people who share a common interest and who work together to expand their individual and collective capacity to solve problems over time.



This brochure, plus updated conference information, can be viewed at:

www.supportedliving.com

### **CONCURRENT SESSIONS**

#### LABOR RELATIONS SPEAKERS



#### Maria Anastas, Partner Davis Wright Tremaine, San Francisco, California Office

Provides legal support, strategic advice, and training and extensive communications guidance to employers during traditional union organizing drives and corporate campaigns.

Represents employers before the National Labor Relations Board. Negotiates collective bargaining agreements for employers and provide contract administration advice. Represents employers during grievances and arbitration hearings. Provides advice and counsel to employers on a wide variety of labor and employment law issues, including hiring, promotion, discipline, and termination.

Conducts practical and effective training on current workplace issues, including how to maintain an issue-free workplace, sexual harassment, wage & hour laws, and supervisor communication skills.

- Contributing Editor, The Developing Labor Laws (1999-Present)
- Awarded "One Of The Top 100 Labor Lawyers In America" By The Labor Relations Institute (2006)



#### Aaron A. Roblan, Associate Davis Wright Tremaine, San Francisco, California Office

Represents clients in all aspects of traditional labor law including: counseling clients targeted in corporate campaigns, union campaigns, unfair labor practice proceedings, collective bargaining negotiations, contract administration, grievance ad arbitration proceedings.

Provides advice and counsel on issues related to: employee discipline, leave of absence, termination, workplace investigations, and government audits and investigations.

A regular presenter at state and national conferences; topics which include: wage and hour compliance, collective bargaining, corporate campaigns, union avoidance, leave management and administration, employment discrimination, wrongful termination, preventative counseling and professional ethics.

### **Business Supports**

#### LABOR RELATIONS FOR DIRECTORS

#### Positive Employee Relations: Ensuring Employees Stay Within Your Circle Maria Anastas & Aaron A. Roblan (Tuesday Afternoon)

This training will emphasize the critical importance of maintaining positive employee relations in today's work environment with an emphasis on the ramifications of third party interference in the workplace. The instructors will facilitate an in-depth discussion of our industry's current challenges, including the union organizing objectives of the Service Employees International Union (SEIU). SEIU is one of the largest and most active unions in the state of California. This union has successfully launched aggressive campaigns to organize workers in janitorial services, health care, long term care, and independent provider home care services industries. SEIU is now focused on organizing workers who provide rehabilitation services. Employers in these industries must understand the union's tactics, strategies, and motivations. Ms. Anastas and Mr. Roblan will explore these issues in more detail and provide strategic advice that takes into account employers' unique circumstances.

This session is limited to supervisors with the authorization and ability to hire and terminate employees in their organization.

Participants must pre-register using the conference registration form. Space is limited so send in your conference registration right away! Participants accepted will receive a confirmation notice and designated attendee badge.

#### Agency Infrastructure Joan Schmidt (Wednesday Morning)

We will provide the nuts and bolts of turning philosophy and values into running an effective business. Resources and tools to assist you in running and creating a small to medium agency that provides quality supports and services. We will also explore the issue of growth and values.

### **CONCURRENT SESSIONS**

### **Business Supports, continued**

#### **Higher Standards**

#### Edd Ozard, PacWest Solutions (Wednesday Morning)

This session will address human resource options available to businesses of all sizes, and those who are interested in starting a Supported Living agency. Pac-West Solutions is a human resources outsourcing and consulting firm covering all aspects of HR, from payroll, benefits, and retirement plans to conflict resolution, managing workers' compensation costs, employee retention plans, and strategic business planning. Higher Standards will address most Supported Living Providers highest priority and most difficult challenge; recruiting and hiring the right people. In this session, we will discuss strategies for recruitment used by both small and medium to large size agencies as well as aspects of employee retention, engagement, recognition and strategic business planning. You will also hear from supported living providers who currently contract with PacWest Solutions and Higher Standards.

### **Best Practices**

#### Appreciative Inquiry: The Power of Positive Planning Jay Nolan Community Services (Tuesday Afternoon and Wednesday Morning)

This process will assist you to search for ways to improve quality by focusing on the individual's goals, dreams and personal path. This method incorporates: Individual service plans, assessments, staff evaluations/accountability and utilizes the philosophy of the 5 accomplishments. Handouts will be supplied.

#### Positive & Productive Meetings Joe Donofrio of CHOICESS (Tuesday Afternoon)

Today you will learn about and practice a host of techniques that can be used to enhance the time you spend in meetings. Positive and Productive Meetings is a collaborative process that creates a respectful and supportive environment that enables people to think clearly and therefore do their best work. The strategies and tools you will use today promote listening and creative thinking. They draw from your strengths and the strengths of your team-mates and colleagues. They provide a structure that allows teams to focus on outcomes, helping to build great meetings out of the raw materials you already have.

#### The College of Direct Support Tony Anderson, MA, Executive Director The Arc of California (Wednesday Morning)

The College of Direct Support is a comprehensive learning management system of national best practices in supporting people with disabilities in the community. The CDS curriculum integrates, respect, person-centered support, self-determination, and inclusion in every lesson. This presentation will include a demonstration on the web-based on-line training, an overview of the State Council funded pilot projects at each regional center, and an update on current statewide and national experience with the College of Direct Support. Our goals include establishing an on-line AA degree at Taft College, Legislator attention to the issues impacting people with intellectual and other developmental disabilities, their families, and their workforce, and statewide implementation and national and statewide certification for direct support professionals.

#### State of the State (Wednesday Afternoon)

A panel discussion of the state of Supported Living Services from the perspective of the panelists. The panel includes Dwight Hansen of Hansen and Associates (CRA), Ellen Goldblat of Protection and Advocacy, Phil Bonnet, Executive Director of Alta California Regional Center, Margaret Anderson of the Department of Developmental Services. Following presentations by the panelists the audience will have any opportunity to ask questions.

### **CONFERENCE REGISTRATION FORM**

Preserving the Dream: Pressing Forward

7th Annual Supported Living Leadership Conference - Tuesday & Wednesday, May 8th & 9th, 2007

Name:		
Group/Organization:		
Position:	Regional Center:	
Address:		
Daytime Phone: ()	E-mail	
When will you be arriving:	🗆 Tuesday - May 8th	

#### **CONFERENCE REGISTRATION FEES & ACCOMMODATIONS** (DOES NOT INCLUDE COST OF HOTEL OR TRAVEL)

FEES:	BEFORE April 7th	AFTER April 7th	On-Site Registration
Self-Advocate or Family Membe	r		
• CSLN Member:	\$150.00	\$200.00	\$250.00
• Non Member:	\$175.00	\$225.00	\$275.00
Staff Member / Professional wi	th Agency		
• CSLN Member - Single Person	\$200.00	\$250.00	\$300.00
Non Member - Single Person	\$225.00	\$275.00	\$325.00

#### □ Pre-registration for Labor Relations series for supervisors

#### **SPECIAL ACCOMMODATIONS:**

□ Sign Language Interpreting Services

□ Accommodations for Conference Materials

□ Vegetarian Meals

Specially Prepared Food: \_\_\_\_\_\_

 $\Box$  Other - Please Specify:

#### **Cancellation/Refund Policy**

- Cancellations must be in writing.
- All cancellations will be subject to a 50% administrative fee.
- Cancellations after April 8th, 2007 cannot be refunded (including "no-shows").
- Substitutions are welcome with advance notice.
- Mail Cancellations to CSLN 4740 Murphy Canyon Road #300 San Diego, CA 92123

#### **Contact Information**

For further information, contact: (916) 679-1555 or www.supportedliving.com

#### **About your Registration Fees**

Conference registration includes:

- All conference sessions
- Morning refreshments Tuesday and Wednesday
- Lunch Tuesday and Wednesday
- Hospitality Reception Tuesday evening

#### **To Register For Conference**

Fill out Registration Form **(ONE PER PERSON)**. Make your check payable to **CSLN**. Send payment along with Registration Form(s) from this packet to:

#### CSLN

c/o Toward Maximum Independence, Inc. Attn: Connie Saverino 4740 Murphy Canyon Rd., #300 San Diego, CA 92123

or register online: www.supportedliving.com



Network

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TIME SENSITIVE MATERIAL

Registration Deadline April 7th, 2007

